

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Feb Baked Chicken Breast w/ 1/4c. Gravy 1/2c. Scalloped Potatoes 1/2c. Broccoli & Carrots Whole Wheat Bread 1/2c. Banana Pudding w/ Vanilla Wafers	2-Feb 1c. Baked Cabbage Roll Casserole 1/2c. Whipped Potatoes 1/2c. Succotash Whole Wheat Bread 1/2c. Pineapple Tidbits	3-Feb 1c. Ham, Potato & Gree Bean Casserole 1/2c. Fresh Carrot Raisin Salad White Bread 1/2c. Cherry Crisp	4-Feb Hot Roast Beef Sandwich w/ 1/2c. Gravy 1/2c. Parsley Potatoes 1/2c. Steamed Cabbage 2 White Bread 1/2c. Sliced Peaches	5-Feb Baked Potato Crusted Fish 1/2c. Macaroni & Cheese 1/2c. Stewed Tomatoes Whole Wheat Bread 1/2c. Pineapple Chunks & Mandarin Oranges
8-Feb Baked Meatloaf w/ 1/4c. Gravy 1/2c. Whipped Potatoes 1/2c. Dill Green Beans 2 Whole Wheat Bread Fresh Fruit	February Birthday's 9-Feb 3oz. Baked Ham w/ Cloves 1/2c. Whipped Sweet Potatoes 1/2c. Steamed Broccoli Rye Bread "Birthday Cake"	10-Feb 1c. Baked Penne Pasta w/ Meatballs (4-1oz.) 3/4c. Pasta w/ Sauce 1/2c. Toss Salad w/ Tomato, Cucumbers, Red Cabbage Carrots & Dressing, Italian Bread 1/2c. Apricots	11-Feb 3oz. Roast Beef 1/2c. Parsley Potatoes 1/2c. Sliced Carrots 2 Whole Wheat Bread Slice Fruit Pie	12-Feb 1c. Chicken Pot Pie w/ 1/4c. Pot Pie Noodles 1/2c. Fresh Pepper Slaw Buttermilk Biscuit "Valentine Cake w/ Icing"
PRESIDENTS DAY 2/15/2009 3oz. Roast Beef w/ 1/4c. Gravy 3/4c Spinach & Lettuce Salad 1/2c. Mixed Vegetables 1/2c. Rice Whole Wheat Bread 1/2c. Sherbet	16-Feb 3/4c. Baked Seafood Casserole 1/2c. Capri Vegetables 1/2c. Rice Pilaf Whole Wheat Bread 1/2c. Pears w/ Cherries	17-Feb Baked Chicken Ala King (1/2c) 1/2c. Peas & Carrots 1/2c. Fresh Pepper Slaw 1/2c. Brown Rice Multi Grain Bread 1/2c. Tropical Fruit Salad	18-Feb Sloppy Joe (1/2c.) 1c. Vegetable Soup w/ Crackers 4oz. Chilled Apple Juice Sandwich Roll Brownie	19-Feb 3oz. Roast Turkey Breast w/ 1/4c. Gravy 1/2c. Bread Stuffing 1/2c. Cream Style Corn Whole Wheat Bread Fresh Fruit
22-Feb 3oz. Roast Pork 1/2c. Whipped Potatoes 1/2c. Sauerkraut Rye Bread, Graham Crackers 1/2c. Applesauce Sugar Cookie	23-Feb Swedish Meatballs (4-1oz.) w/ 1/4c. Gravy 1/2c. Parsley Noodles 1/2c. Buttered Beets 4oz. Chilled Fruit Juice Italian Bread 1/2c. Sherbet	24-Feb Egg Salad (1/2c) 1c. Ham & Bean Soup 1/2c. Marinated Tomatoes & Onions 2 Whole Wheat Bread, Saltines Fresh Fruit	25-Feb 3oz. Roast Chicken Breast w/ 1/4c. Gravy 1/2c. Scalloped Potatoes 1/2c. Broccoli w/ Red Peppers Whole Wheat Bread 1/2c. Banana Pudding w/ Vanilla Wafers	26-Feb 1c. Chili 3/4c. Toss Salad w/ Tomato Carrots, Red Cabbage, Onions & Dressing 2 Corn Bread Squares 1/2c. Warm Apple Slices
				